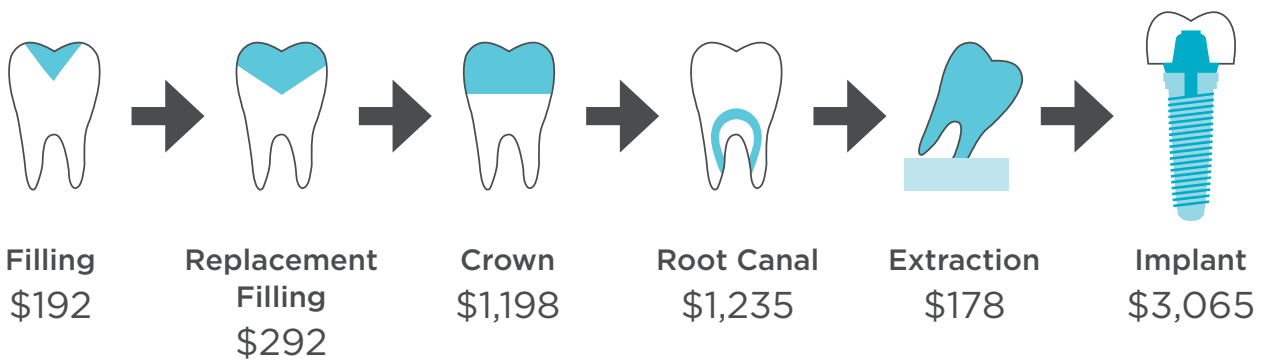


# The True Cost of a Cavity

It pays to get regular preventive dental treatment. Left unchecked, a small cavity can cost you thousands of dollars down the road.

The lifetime cost of treating a decayed tooth can be considerable.<sup>1</sup>

Lifetime costs: \$6,160



Even with insurance, the lifetime costs of a cavity could be thousands of dollars.<sup>2</sup>



## Stop decay before it starts

- ▶ Visit your dentist at least twice a year for cleanings and exams.
- ▶ Brush and floss regularly.
- ▶ Avoid all forms of tobacco.
- ▶ Drink fluoridated water.

<sup>1</sup>These cost estimates are for illustrative purposes only and were based on national average submitted fees [FAIR Health].

<sup>2</sup>Out-of-pocket expenses will depend on your plan design and coverage.

Northeast Delta Dental is the region's most trusted name in dental insurance for companies of all sizes, individuals, and families in Maine, New Hampshire, and Vermont. Northeast Delta Dental administers dental benefits for nearly 930,000 people. Northeast Delta Dental is a member company of Delta Dental Plans Association (DDPA), the nation's largest provider of dental benefits. DDPA is a network of 39 independent dental service organizations that conduct business in all 50 states, the District of Columbia, and Puerto Rico.